CAPITAL DISTRICT PARKINSON'S SUPPORT GROUP

WWW.CDPARKINSONS.ORG

CDPSG MONTHLY MEETING

Traveling with Parkinson's

Practical tips for planning enjoyable, stress-free travel

ZOOM ONLY · WE WON'T MEET IN PERSON THIS MONTH

WHEN

Thursday, December 10, 2026
7:00 – 8:30 PM

SPEAKER

Roxanne Julius, PT, DPT, NCS

Physical therapist with nearly 20 years of experience specializing in Parkinson's disease and movement disorders, and owner of Dellwood Travel, where she helps people with Parkinson's travel comfortably and confidently.

Register in advance to attend

Zoom registration required. Visit **www.cdparkinsons.org** to register.

Organized by CDPSG